



HEALTHY STRIDES

5K/10K & KIDS DASH

SATURDAY, APRIL 29, 2023

BURKE LAKE PARK

LACE UP FOR THE LAKE!

Park roads close for runners at 7:35 a.m. Participants must finish by 9:30 a.m.

All finishers receive a commemorative race medal. →



Register now at www.fairfaxcounty.gov/parks/healthy-strides/10k5k

- A portion of the proceeds benefit Burke Lake Park trails.

- Volunteer and sponsorship opportunities available!



Burke Lake Park
7315 Ox Rd. • Fairfax Station
703-323-6600

703-324-8563 TTY: Va. Relay 711