

Parks: Good For Your Health

The scientific evidence is mounting that parks and recreational systems are building healthier communities.

Parks Nearby

Children living within a half mile of a public park are more likely to be more physically active.

91% of Fairfax residents live within a quarter mile of a public park.

Hike For Health

People who live near trails are 50% more likely to meet physical activity guidelines

324 miles of trails are in the Fairfax County Park Authority System.

Access to Fitness

On average, 69% of adults over age 20 in the United States are overweight or obese.

A 2011 study conducted on Seattle's park and recreation system revealed that Seattle's residents were able to save \$64 million in medical costs as a result of getting physical activity in the parks.

98.9% of Fairfax County residents live reasonably close to a park or recreational facility.

1,817,882 visitors came to the nine FCPA RECenters in FY15.



TOBACCO-FREE PLAY ZONE



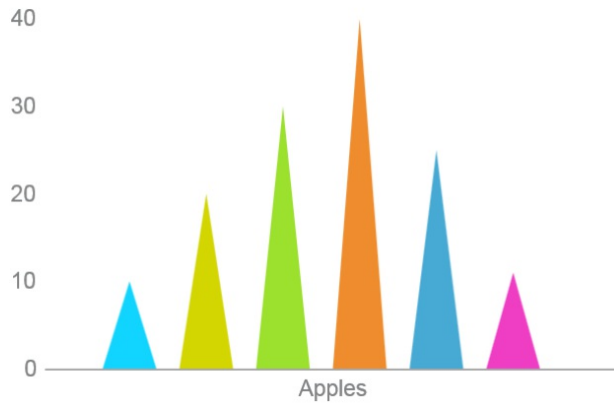
Thank you for your voluntary cooperation!



In May 2014, the Park Authority Board designated all park playgrounds, athletic fields and skate parks as "Tobacco Free Play Zones."



Sources listed here.



Infographics can be used by quite a number of people for various reasons: by managers, marketing professionals, journalists and bloggers, teachers and students ...You wonder how?

- ✓ Annual reports and corporate communication
- ✓ To attract inbound marketing traffic
- ✓ To bring awareness/ disseminate information
- ✓ Creativity/teaching tool